Sharp HealthCare Presents

Heart Failure:
From Prevention to Intervention

Saturday, May 16, 2015
DoubleTree by Hilton Hotel San Diego - Mission Valley
San Diego, Calif.
As medical professionals, we know that heart failure is a devastating and debilitating disease. Sharp HealthCare’s conference, Heart Failure: From Prevention to Intervention, provides education about the diagnostic and therapeutic techniques necessary for the prevention and intervention of the condition.

At this conference, you will hear from a wide range of cardiovascular experts, covering everything from medical management to interventional therapies for heart failure — all in the span of a day. You will also have the opportunity to interact with colleagues and the conference speakers in a comfortable setting at the DoubleTree by Hilton Hotel San Diego – Mission Valley.

I hope you can join us.

Brian E. Jaski, MD, FACC
Who Should Attend
This conference is designed for physicians specializing in primary care, internal medicine and cardiology; nurse practitioners; and physician assistants interested in discovering new insight on managing heart failure.

Educational Objectives
At the conclusion of this educational activity, participants should be able to:

1. Implement guideline practices to treat risk factors that lead to heart failure
2. Identify and treat structural heart disease prior to heart failure
3. Combine lifestyle changes, medications and devices to improve outcomes
4. Initiate steps to reverse decompensated heart failure
5. Recognize advanced heart failure and know options when present
6. Anticipate the role of emerging new therapies

Conference Chair
Brian E. Jaski, MD, FACC
Director of Clinical Research, San Diego Cardiac Center
Medical Director, Advanced Heart Failure and Cardiac Transplant Program, Sharp Memorial Hospital, San Diego, Calif.

Keynote Speaker
Sidney C. Smith, Jr., MD, FACC, FAHA, FESC
Professor of Medicine, Heart and Vascular Center, University of North Carolina, Chapel Hill, North Carolina
Past President, World Heart Federation
Past President, American Heart Association

Featured Speakers
Rob Adamson, MD
Surgical Director of Cardiac Transplantation Program, Sharp Memorial Hospital
Featured Speakers (continued)

Charles Athill, MD, FACC, FHRS
Associate Director of San Diego Cardiac Center
Director, Cardiac Electrophysiology, Sharp Memorial Hospital

Robert L. Gillespie, MD, FACC, FASE, FASNC
Chairman of the Board, Association of Black Cardiologists

Raghava Gollapudi, MD
Interventional Cardiology, San Diego Cardiac Center
Director of Cardiac Catheterization Lab, Sharp Memorial Hospital

Alborz Hassankhani, MD, PhD
Cardiac Electrophysiology, Sharp Grossmont Hospital

James T. Heywood, MD
Director of Heart Failure Recovery and Research Program; Medical Director of Mechanical Circulatory Support Program; and Medical Co-director of Scripps Pulmonary Hypertension Program, Scripps Clinic
Saturday, May 16

7 a.m.  Registration, Breakfast and Exhibits

8 a.m.  Welcome and Opening Remarks
        Brian E. Jaski, MD, FACC

8:05 a.m.  New Guidelines for the Prevention of Cardiovascular Disease: Concepts and Controversy
        Sidney C. Smith, Jr., MD, FACC, FAHA, FESC

8:35 a.m.  Hypertension Goals for Special Populations
        Robert L. Gillespie, MD, FACC, FASE, FASNC

8:55 a.m.  Screening and Treatment of Coronary Artery Disease With Left Ventricular Dysfunction
        Mariusz Wysoczanski, MD, FACC

9:15 a.m.  Roundtable Discussion and Questions

9:20 a.m.  Break, Exhibits and Meet the Faculty

9:40 a.m.  Drugs, Devices and Diagnostics for Heart Failure With a Reduced Ejection Fraction
        Brian E. Jaski, MD, FACC

10:10 a.m.  Recognition and Treatment of Heart Failure With a Preserved Ejection Fraction
        James T. Heywood, MD

10:40 a.m.  Roundtable Discussion and Questions

10:45 a.m.  Break, Exhibits and Meet the Faculty

11:05 a.m.  Electrical Device Options for Improving Cardiac Function and Preventing Sudden Death
        Alborz Hassankani, MD, PhD
11:25 a.m.  Heart Failure and Atrial Fibrillation: A Dangerous Combination
Charles Athill, MD, FACC, FHRS

11:45 a.m.  Therapeutic Options in Treating Pulmonary Hypertension and
Right Heart Failure: New Choices
Hirsch Mehta, MD, FACC

12:05 p.m.  Roundtable Discussion and Questions

12:10 p.m.  Lunch

12:20 p.m.  Sex Hormones and the Heart: Is What Is Good for the Goose,
Good for the Gander?
Cynthia A. Stuenkel, MD

12:40 p.m.  Dessert, Exhibits and Meet the Faculty

1:05 p.m.  TAVR and MitraClip: The Future of Valve Correction
in Heart Failure?
Raghava Gollapudi, MD

1:35 p.m.  Prognostication for Appropriate Levels of Care
Daniel Hoefer, MD

1:55 p.m.  Heart Transplant or LVAD for the Aggressive Care
of the Stage D Heart Failure Patient
Rob Adamson, MD

2:25 p.m.  Roundtable Discussion and Questions

2:30 p.m.  Adjourn
Featured Speakers (continued)

Daniel Hoefer, MD
Chief Medical Officer, Outpatient Palliative Care, Sharp HealthCare
Associate Medical Director, Sharp HospiceCare

Hirsch S. Mehta, MD, FACC
San Diego Cardiac Center
Advanced Heart Failure and Cardiac Transplant Program,
Sharp Memorial Hospital

Cynthia A. Stuenkel, MD
Clinical Professor of Medicine, UC San Diego
UC San Diego Chair, the Endocrine Society’s 2015 Clinical Practice
Guidelines on Menopause Treatment
Past President, North American Menopause Society

Mariusz Wysoczanski, MD, FACC
Medical Director of Heart Failure, Sharp Chula Vista Medical Center

About Sharp HealthCare
As San Diego’s premier provider of the full spectrum of treatment
options for advanced heart failure, Sharp HealthCare offers
unprecedented choices to help improve patients’ quality of life. Sharp
is a leading provider of heart and vascular care and surgery in the
area, and has a long history of pioneering new cardiac technologies
and procedures in San Diego — including the first cardiac catheterization,
first open-heart surgery, first heart transplant, first minimally invasive heart
surgery and much more.

Continuing Medical Education Credit

Accreditation: Sharp HealthCare is accredited by the Accreditation
Council for Continuing Medical Education to provide continuing medical
education for physicians.

CME Credit: Sharp HealthCare designates this live activity for a maximum
of 5.25 AMA PRA Category 1 Credit(s)™. Physicians should claim only the
credit commensurate with the extent of their participation in the activity.
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The ACCME defines “relevant financial relationships” as financial relationships in any amount, occurring within the past 12 months, including financial relationships of a spouse or life partner, that could create a conflict of interest.

Sharp HealthCare encourages faculty to identify investigational products or off-label uses of products regulated by the U.S. Food and Drug Administration at first mention and where appropriate in the content.
**Cultural and Linguistic Competency:** This activity is in compliance with California Assembly Bill 1195 which requires that all CME activities comprising a patient care element include curriculum addressing the topic of cultural and linguistic competency. The intent of this bill is to ensure that health care professionals are able to meet the cultural and linguistic concerns of a diverse patient population through effective and appropriate professional development. Cultural and linguistic competency was incorporated into the planning of this activity.

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**Questions**

For more information, contact Paul Patchen, Vice President, Cardiovascular Services, Sharp HealthCare, at paul.patchen@sharp.com or (858) 499-4858.

**Conference Registration**

Physicians, nurse practitioners and physician assistants receive complimentary registration. To register, visit [www.sharp.com/heartfailureconference](http://www.sharp.com/heartfailureconference) or call (858) 499-4560.

**Conference Location**

DoubleTree by Hilton Hotel San Diego – Mission Valley
7450 Hazard Center Drive, San Diego, CA
(619) 297-5466
[www.doubletreehotelandcom](http://www.doubletreehotelandcom)
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