The Fourth Annual
Cardiovascular Disease in African-Americans Conference

Thursday, April 26
Noon - 5 p.m.

Wexner Medical Center at
The Ohio State University
Medical Center’s Ross Heart
Hospital Auditorium
452 W. 10th Ave.

Sponsored by: Wexner Medical Center at The Ohio State University in Cooperation with Ohio State’s Heart and Vascular Center and Division of Cardiovascular Medicine and in cooperation with The Ohio Chapter of the American College of Cardiology
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Like all Americans, the leading cause of death in African-Americans is cardiovascular disease. Although improvements in the treatment and prevention of heart disease and stroke have translated into reduced cardiovascular morbidity and mortality in the US, in the African American community these reductions have lagged behind the rest of the country. This educational activity focuses on evidenced-based methods to prevent and treat heart disease in African Americans, and discusses cutting edge innovations and the impact that they may play in treating heart and vascular disease in minority populations.
Target audience:

- Cardiac Surgeons
- Cardiologists
- Internal Medicine Physicians
- Family Practice Physicians
- Fellows in Training
- Nurses
- Allied Health Professionals

At the conclusion of this activity, participants should be able to:

- List three examples of racial disparities in cardiovascular care and strategies to eliminate or reduce these disparities
- Discuss the impact of diabetes and hypertension on heart disease in African-Americans and state of the art treatment of these disorders
- Identify the risk factors for sudden cardiac death and describe preventive therapy of this disorder
- Identify the epidemiology, medical management and surgical management of heart failure and segment elevation acute myocardial infarction in African-Americans
- Discuss the potential impact of cardiovascular innovation on the care of African-Americans with heart and vascular disease
- Discuss the outcomes and current status of cardiac transplantation in African-Americans
**Agenda**

**Thursday, April 26**

11:30 a.m. Registration and lunch

**Racial Disparities in Cardiovascular Care**

Noon Opening/Welcoming Remarks  
*William Abraham, MD*

12:05 p.m. Racial Disparities in Cardiovascular Care: An Update  
*Quinn Capers, IV, MD*

12:20 p.m. Organized Medicine’s Response to Racial Disparities in Cardiovascular Care  
*Richard Allen Williams, MD*

**Cardiomyopathy and Congestive Heart Failure**

12:40 p.m. State of the Art Management of CHF in African-Americans  
*Monica Colvin-Adams, MD*

1 p.m. Sudden Cardiac Death in African-Americans  
*Walter K. Clair, MD*

1:20 p.m. Cardiac Transplantation in African-Americans  
*Robert Higgins, MD, MSHA*

1:40 p.m. Break

**Atherosclerosis and Metabolism**

1:55 p.m. State of the Art Management of Diabetes and “Prediabetes” in African-Americans  
*Kwame Osei, MD*

2:15 p.m. STEMI in African-Americans  
*A.J. Conrad Smith, MD*

2:35 p.m. Hypertension in African Americans: Should we be NICE to JNC VIII?  
*Sanjay Rajagopalan, MD*

2:55 p.m. Break
Innovations in Cardiovascular Care: Implications for Minority Populations

3:10 p.m. Stem Cell Therapies in Cardiovascular Disease  
Vincent Pompili, MD

3:30 p.m. Trans Catheter Aortic Valve Replacement  
Juan Crestanello, MD

3:50 p.m. Outpatient Transradial PCI: Will “Outpatient” Coronary Stenting Become the Norm?  
Quinn Capers, IV, MD

4:10 p.m. Implantable Hemodynamic Monitors in Congestive Heart Failure  
William Abraham, MD

4:30 p.m. Impact of Cardiovascular Innovations in African-American Population  
Vinod Thourani, MD

4:50 p.m. Question and Answer Session

5 p.m. Adjournment
Wexner Medical Center at The Ohio State University Faculty

William Abraham, MD
Professor of Internal Medicine and Physiology and Cell Biology
Chair of Excellence in Cardiovascular Medicine
Director of Division of Cardiovascular Medicine
Walter K. Clair, MD
Assistant Professor of Medicine
Director of Arrhythmia Consultation
Vanderbilt Heart & Vascular Center
Franklin, TN

Quinn Capers, IV, MD,
Course Co-Director
Assistant Professor of Clinical Internal Medicine
Associate Dean for Admissions in the OSU College of Medicine
Director of Peripheral Vascular Interventions

Juan Crestanello, MD
Associate Professor of Surgery
Division of Cardiac Surgery

Robert Higgins, MD, MSHA,
Course Co-Director
John H. and Mildred C. Lumley Chair in Medicine
Director of Ohio State’s Comprehensive Transplant Center Professor and Director of the Division of Cardiac Surgery

Vincent Pompili, MD
Professor of Internal Medicine
Section Director of Interventional Cardiovascular Medicine
Director of Cardiovascular Cell-Based Therapies
Director of the Regional STEMI Program

Sanjay Rajagopalan, MD
John W. Wolfe Professor of Cardiovascular Research
Section Director of Vascular Medicine
Co-Director of the Cardiovascular MRCT Program

Guest Faculty

Monica Colvin-Adams, MD
Assistant Professor of Medicine
Advanced Heart Failure, Transplantation, and Mechanical Circulatory Support
Cardiovascular Division
University of Minnesota
Minnesota, MN

Walter K. Clair, MD
Assistant Professor of Medicine
Director of Arrhythmia Consultation
Vanderbilt Heart & Vascular Center
Franklin, TN

A.J. Conrad Smith, MD
Associate Professor of Medicine
Director, Cardiac Catheterization Labs
Division of Cardiology University of Pittsburgh
Pittsburgh, PA

Vinod Thourani, MD
Associate Professor of Surgery
Associate Director of the Cardiothoracic Surgery Residency Program
Associate Director of the Cardiothoracic Surgery Clinical Research Unit
Emory University School of Medicine
Associate Director of the Structural Heart Program
Emory Heart and Vascular Center
Atlanta, GA

Richard Allen Williams, MD
Clinical Professor of Medicine
UCLA School of Medicine
President/CEO, The Minority Health Institute Inc.
Founder, The Association of Black Cardiologists, Inc.
Los Angeles, CA.
Accreditation: Wexner Medical Center at The Ohio State University, Center for Continuing Medical Education is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians.

Wexner Medical Center at The Ohio State University designates this educational activity for a maximum of 4.5 AMA PRA Category 1 Credits™. Physicians should claim credit commensurate with the extent of their participation in the activity.

To register, visit [http://go.osu.edu/CVDAA](http://go.osu.edu/CVDAA), fax your registration form to 614-292-9761 or mail your completed registration form to:

Wexner Medical Center at The Ohio State University
Division of Cardiovascular Medicine
Davis Heart & Lung Research Institute
Ste 226, Attn: Ellen Yokoyama
473 W. 12th Ave.
Columbus, OH 43210

If you have any questions, please email Ellen Yokoyama at ellen.yokoyama@osumc.edu.

- Physician $0
- Nurses and Allied Healthcare Providers $0

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Course Cancelation Policy: Wexner Medical Center at The Ohio State University reserves the right to cancel this program at any time and will assume no financial obligation to the registrants in event of cancelation.
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Columbus, OH 43218

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