



## Do you have these risk factors for Metabolic Syndrome?

- High blood pressure
- High blood sugar
- High cholesterol (fat in the blood)
- Overweight
- Have fat around your stomach

**If you have 3 of these, you may be able to join a new research study. To join you must:**

- Be African American.
- Have been told by a doctor that you have high blood pressure.
- Be overweight, have high blood sugar, high cholesterol, or have fat around your stomach.
- Be between the ages of 18-70.
- Be willing to attend learning sessions at Morehouse School of Medicine.
- Be willing and able to travel to Emory University or Morehouse School of Medicine for study activities 6 times over 12 months.

**You will be paid for your time and travel \$210 to \$270 depending upon the group you are assigned.**

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